

Francis Marion
University



STUDENT-ATHLETE
HANDBOOK
2009-2010



Francis Marion University Athletics

TABLE OF CONTENTS

| | | |
|--------------|--|--------------|
| I. | Important Phone Numbers | 4-5 |
| II. | General Statement of Athletic Policy | 5 |
| III. | Academic Calendar | 6 |
| IV. | Academic Information | 7-9 |
| | Declaring a Major | |
| | Dropping a Class | |
| | Eligibility Requirements | |
| | Registration Information | |
| | Keys to Academic Success | |
| V. | Awards | 10 |
| VI. | Conduct of Student-Athletes | 11-17 |
| | Code of Ethics | |
| | Honesty and Sportsmanship | |
| | Unethical Conduct | |
| | Policies and Procedures | |
| | Peach Belt Conference Sportsmanship Code | |
| | Media & Publicity Responsibilities | |
| | Universal Team Rules | |
| | Social Networking Policy for Student-Athletes | |
| VII. | Eligibility | 18-20 |
| | Amateurism | |
| | Extra Benefits | |
| | Gambling and Bribery | |
| | Outside Competition | |
| VIII. | Equipment Issue | 21 |
| IX. | Financial Aid For Student-Athletes | 21-23 |
| | Athletic Grant-in-Aid | |
| | Institutional Aid | |
| | Financial Aid Received Outside the University | |
| | Renewal and Non-Renewal Policy | |
| | Cancellation of Athletic Grant-In-Aid | |
| | Appeal Procedure | |
| X. | Hours of Operation for Student Services | 24 |
| | Bookstore | |
| | Computer Center Lab | |
| | Counseling and Testing | |
| | Dining Services | |
| | Health services | |
| | Library | |
| | Tutoring Center | |
| | Writing Center | |

| | |
|---|--------------|
| XI. Housing | 24 |
| XII. NCAA Regulations | 25 |
| Playing and Practice Limits | |
| Tobacco | |
| XIII. Student-Athlete Forums | 26 |
| Student-Athlete Advisory Board | |
| Exit Interviews | |
| XIV. Sports Medicine | 27-32 |
| Training Room | |
| Training Room Rules | |
| Physical Exams | |
| Participation without Authorization | |
| Treatment of Injury and Illness | |
| Referrals | |
| Emergency Room/Urgent Care | |
| Pre-existing Condition/Injury | |
| Injury procedures | |
| Insurance | |
| Banned-Drug List – NCAA | |
| Student-Athlete Nutritional Supplement Disclosure and Review Form | |
| XIV. Substance Abuse Policies | 33-38 |
| NCAA Substance Abuse | |
| FMU Substance Abuse Policy | |
| Statement of Philosophy | |
| Purpose and goals | |
| Participants | |
| How Individuals are Selected for Testing | |
| Sanctions – Alcohol | |
| Sanctions for Illegal Use of Drugs | |
| Self-Reporting | |
| Follow-up of Testing | |
| XV. Transfer Regulations | 39-40 |

IMPORTANT PHONE NUMBERS

ATHLETIC

| | | |
|--|-------------------------|------|
| Athletic Department | (UC 243) | 1240 |
| Athletic Director | Murray Hartzler | 1237 |
| Senior Adm. Asst. | JoRetha Evans | 1240 |
| Assoc. AD for Media Relations/Marketing | Michael Hawkins | 1222 |
| Director for Compliance/Academic Support | Jason Orning | 4627 |
| Champs Life Skills | Robert Wilson | 4624 |
| Senior Woman Administrator | Tersea Ramey | 1187 |
| Faculty Athletic Representative | Dr. Allen Clabo | 1457 |
| Baseball Head Coach | Art Inabinet | 1242 |
| Baseball Asst. Coach | Robert Wilson | 4624 |
| Baseball Asst. Coach | Sean Heffernan | 1242 |
| Basketball Head Coach (Men's) | Gary Edwards | 1247 |
| Basketball Asst. (Men's) | Sharif Chambliss | 1811 |
| Basketball Asst. (Men's) | Jarron Hinton | 4626 |
| Basketball Head Coach (Women's) | Heather Macy | 1249 |
| Basketball Asst. (Women's) | Carol Schnepf | 1243 |
| Basketball Asst. (Women's) | Tiffany Tucker | 1803 |
| Cross Country & Track (Men's & Women's) | Mark Bluman | 1239 |
| Golf Coach | Mark Gaynor | 1352 |
| Soccer Coach (Men's) | Kevin Varnado | 1241 |
| Soccer Asst. (Men's) | Tony Falvino | 1248 |
| Soccer Coach (Women's) | Joel Person | 1244 |
| Soccer Asst. (Women's) | Jordan Wilson | 1245 |
| Softball Head Coach | Stacey Vallee | 1238 |
| Softball Asst. | TBA | 4623 |
| Sports Medicine/Training Room | Spyder Webb, Joe Cauble | 1358 |
| Tennis Head Coach (Men's & Women's) | Garth Thomson | 1185 |
| Volleyball Head Coach | Paul MacDonald | 1246 |
| Volleyball Asst. | Sarah Lane | 1246 |

OTHER DEPARTMENTS

| | | |
|-----------------------------|----------------|------|
| Admissions Office | (SAB 116) | 1231 |
| Campus Police | | 1109 |
| Campus Recreation | Derrick Young | 1186 |
| Campus Technology | | 1335 |
| Career Development | Lisa Woodham | 1676 |
| Cashiers Office | | 1596 |
| Computer Center Help Desk | | 1111 |
| Counseling & Testing Center | | 1840 |
| Dean of Students | Teresa Ramey | 1187 |
| Dining Service | | 1260 |
| Financial Aid | | 1190 |
| Housing Office | | 1330 |
| Health Services | | 1844 |
| Mailroom | | 1337 |
| Registrar's Office | | 1175 |
| Rogers Library | | 1300 |
| Tutoring Center | | 1675 |
| Writing Center | Jennifer Kunka | 1528 |

FRANCIS MARION UNIVERSITY ATHLETIC DEPARTMENT

GENERAL STATEMENT OF ATHLETIC POLICY

In accordance with the mission of Francis Marion University, the Department of Intercollegiate Athletics is an integral part of the institution providing high quality, comprehensive athletic programs accessible to all university students, personnel, and the outside community. The department offers extensive opportunities for both men and women to participate in varsity intercollegiate athletics by sponsoring a variety of sports which maintain Peach Belt Conference and National Collegiate Athletic Association (NCAA) Divisions I & II affiliations. The department offers coaching and supervision which encourage sportsmanship and emphasize amateurism, while enhancing the physical and emotional well-being and social development of student-athletes. The department strives for competitive excellence while stressing academic success, reflecting a clear understanding of the educational support role of athletics in the broader mission of the institution. The policies and actions of the Athletic Department personnel continually strive to ensure that the best interests of the university, its administration, financial assistance, faculty, staff, students and student-athletes, are well served.

CALENDAR

| FALL SEMESTER | 2009 |
|--|-----------------|
| Housing opens for new students | Aug. 22 |
| Housing opens for continuing students | Aug. 23 |
| Open Registration | Aug. 24 |
| Drop/Add & Late Registration | Aug. 25–Sept. 1 |
| Classes Begin | Aug. 26 |
| Labor Day University open | Sept. 7 |
| Last day to withdraw from class without penalty | Sept. 18 |
| Fall Break, NO CLASSES | Oct. 12-13 |
| Advising & Pre-Registration | Oct. 21-30 |
| Thanksgiving –NO CLASSES & campus closed | Nov. 26-27 |
| Classes End | Dec. 7 |
| Reading Day | Dec. 8 |
| Final Exams | Dec. 9-15 |
| Final day to pay fees for pre-registered students for spring | Dec. 14 |
| Commencement | Dec. 19 |

| SPRING SEMESTER | 2010 |
|--|----------------|
| Housing opens for students | Jan. 10 |
| Open registration | Jan. 11 |
| Classes Begin | Jan. 12 |
| Drop Add/Late Registration | Jan. 12-19 |
| MLK, Jr. Day- NO CLASSES | Jan. 18 |
| Last day to withdraw from class without penalty | Feb. 11 |
| Spring Break- NO CLASSES | Mar. 15-19 |
| Advising & Pre-registration (summer & fall) | Mar. 24-Apr. 2 |
| Priority deadline for housing applications & deposits | Mar. 31 |
| Classes End | Apr. 26 |
| Reading Day | Apr. 27 |
| Final Exams | Apr. 28-May 4 |
| Commencement | May 8 |
| Final day to pay fees for pre-registered students for Fall | Aug. 2 |

| LATE SPRING TERM | 2010 |
|-------------------------|-------------|
| Last Day to Register | May 10 |
| Classes Begin | May 11 |
| Classes End / Exams | May 28 |

| SUMMER I TERM | 2010 |
|-------------------------------------|-------------|
| Last Day to Register | June 1 |
| Classes Begin | June 2 |
| Independence Day Observance- CLOSED | July 2 |
| Classes end/ Exams | July 6 |

| SUMMER II TERM | 2010 |
|-----------------------------------|-------------|
| Last Day to Register Registration | July 8 |
| Classes Begin | July 12 |
| Classes end/ Exams | Aug. 12 |

ACADEMIC INFORMATION

DECLARING A MAJOR

All student-athletes must officially declare their major by the 3rd year (5th semester) of enrollment. A student-athlete must notify the Compliance Coordinator in writing when changing majors. Failure to do so can result in removal from intercollegiate participation at FMU.

DROPPING CLASSES

All student-athletes must complete a form with the Compliance Coordinator before dropping a class. Failure to do so can result in immediate removal from athletic participation and cancellation of a student-athlete's athletic grant-in-aid. Student-athletes cannot drop below 12 hours if they wish to remain eligible for practice and competition.

ELIGIBILITY REQUIREMENTS

1. Satisfactory completion prior to each fall term of a cumulative total of academic semester hours equivalent to an average of at least 12 hours during each of the previous academic terms in academic years in which the student-athlete has been enrolled in a term or terms; or
2. Satisfactory completion of 24 semester hours of academic credit since the beginning of the previous fall term or preceding regular two semesters.
3. At least 75% of the minimum number of semester hours has to be earned during the regular academic year (fall & spring semesters). No more than 25% of the hours can be earned during the summer or through correspondence courses.
4. Fulfillment of Minimum GPA Requirements for Division II
 - A. Must have a minimum of a 1.8 GPA after completion of 24 hours.
 - B. Must have a minimum of a 1.9 GPA after completion of 48 hours.
 - C. Must have a minimum of a 2.0 GPA after completion of 72 hours.
5. After student-athlete's fourth semester of attendance, 24 credit hours must go to their designated degree program to be eligible for the next academic year.
6. Fulfillment of Minimum GPA Requirements for Division I
 - A. A student-athlete who is entering his or her second year of collegiate competition shall present a cumulative minimum grade point average that equals at least 90% of the institution's overall cumulative grade-point average required for graduation.
 - B. A student-athlete who is entering his or her third year of collegiate competition shall present a cumulative minimum grade-point average that equals at least 95% of the institution's overall cumulative grade-point average required for graduation.
 - C. A student-athlete who is entering his or her fourth or fifth year of collegiate competition shall present a cumulative minimum grade-point average that equals at least 100% of the institution's overall cumulative grade-point average required for graduation.
7. Satisfactory completion of six semester hours the preceding academic term in which the student-athlete has been enrolled full-time at any collegiate institution (transfer student-athletes must complete six semester hours of transferable degree credit).
8. Fulfillment of Percentage of Degree Requirements for Division I

- A. A student-athlete who is entering his or her third year of collegiate enrollment shall have completed at least 40% of the course requirements in the student-athlete's specific degree program.
- B. A student-athlete who is entering his or her fourth year of collegiate enrollment shall have completed at least 60% of the course requirements in the student-athlete's specific degree program.
- C. A student-athlete who is entering his or her fifth year of collegiate enrollment shall have completed at least 80% of the course requirements in the student-athlete's specific degree program.

PRIORITY REGISTRATION

Student-athletes receive priority registration which is the first day of advising/pre-registration (Oct. 21, 2009 for spring 2010 and Mar. 24, 2010 for fall 2010). Each student-athlete must bring a signed note from their advisor showing their class schedule to the athletic office in order to register.

KEYS TO ACADEMIC SUCCESS

1. **ATTEND CLASS:** If you are going to miss class for a game, alert your instructors ahead of time. Get your assignments in advance. Let your instructor know when you are ill. Avoid unnecessary absences. Your class attendance, regardless if the instructor takes roll each day, is usually one criterion used when assigning grades. Often it can make the difference between a letter grade.
2. **GO TO CLASS PREPARED:** You should have read and written all assignments for that class. Ask questions and take notes. If you go to class unprepared, often your instructor will tag you as a student who does not care about his/her grades. This may influence your grade.
3. **KNOW YOUR INSTRUCTORS:** Introduce yourself to your instructors. If you have any questions, meet with your instructor. They are interested in students who care about their class work and generally will be happy to discuss material related to their course.
4. **MAKE A GOOD IMPRESSION:** Go to class on time. Do not read newspapers, listen to music, have mobile phones on, etc. in class. Respect the academic environment. Instructors expect the same as your coaches do.
5. **DON'T LET LITTLE PROBLEMS BECOME BIG PROBLEMS:** If you feel yourself falling behind in class, see your instructor or academic advisor for help. Don't be afraid to make an appointment with your instructors for help. They are there to help you learn. As long as you put forth an effort in the classroom, the majority of instructors will help you. Do not wait until it is too late before seeking help.

DO YOU HAVE THE TIME TO SUCCEED?

Monday - Friday

Saturday - Sunday

24 Total Hours Available Each Day

- 8 Hours Sleep
- 3 Hours to Eat
- 4 Avg. Hours in Class
- 3 Avg. Hours Athletics

6 Hours Remaining x 5 = 30

24 Total Hours Available Each Day

- 8 Hours Sleep
- 3 Hours To Eat
- 3 Hours Athletics

10 Hours Remaining x 2 = 20 Hours

30 Hours Weekdays

20 Hours Weekend

50 Total Hours

It's what you do with this time that determines your success!

AWARDS

Scholar Athlete of the Year

This award is given to the student-athlete with the highest academic average after having completed a minimum of five semesters at Francis Marion University. In addition, the student-athlete must have lettered twice in their respective sport prior to the nominating year, before being eligible for this award.

CHI ALPHA SIGMA

National College Athletic Honor Society. Must be a junior or senior academically and have a 3.4 cumulative GPA or higher. Must be of high moral character and be nominated by your head coach.

Peach Belt Conference Presidential Honor Roll

Must have achieved a 3.0 or higher yearly (academic year) cumulative GPA.

Peach Belt Conference All-Sportsmanship Team

Each conference school is represented by a male and female student-athlete, chosen by criteria set forth by each member institution.

Peach Belt Conference All-Academic Teams

Chosen for each conference-sponsored sport. Must have achieved a cumulative 3.20 grade point average, must be a starter or significant contributor and have participated in at least half of the team's contests, and have completed at least one full academic year at FMU. Voted on by the conference's sports information directors.

Peach Belt Conference Scholar Athlete of the Year

A male and female award. Must be a graduating senior and have attended a Peach Belt Conference member institution for at least two years. Nominations come from each member institution.

Swamp Fox Athletic-Academic Honor Roll

Must have achieved a 3.0 GPA in the preceding Fall or Spring semesters.

Team Awards

Each team chooses a MVP. The head coach designates other awards.

All-Conference

Conference coaches of each sport vote to determine individual members for each respective sport.

CONDUCT OF STUDENT-ATHLETES

CODE OF ETHICS FOR ATHLETES

The purpose of intercollegiate athletics is to provide an opportunity for student-athletes to develop their potential as a skilled athlete in an educational setting. Francis Marion University is a highly visible and successful NCAA and PBC intercollegiate athletic program.

Particularly young children will look upon student-athletes as role models, and it is important that personal conduct be above reproach at all times.

Public exposure in the competitive arena and the media make student-athletes one of the most visible groups in the community. Student-athletes are often highlighted, placing one in a public position, which requires exemplary behavior. By joining an intercollegiate team, you become a representative of not only your team, but of Francis Marion University as well. As such, conduct detrimental to the team (and to FMU) can occur through various means of communication media (e.g., inappropriate postings on social networks, such as Facebook.com and Myspace.com).

Francis Marion University student-athletes are totally responsible for their own behavior and are expected to obey the law, rules and regulations of state, federal and the university. Student-athletes should be prepared for the sanctions and penalties that result from violations.

Behavior has a definite impact on the reputation of the athletic department and on the attitude the community has toward the athletic program.

HONESTY

Honesty is a fundamental concept that should be of primary importance to everyone who has the privilege of being a part of the university. Be honest with your coaches, teammates, professors, etc. Cheating and plagiarism in the classroom are serious offenses not to be taken lightly.

SPORTSMANSHIP

Developing good sportsmanship requires an effort on your part. Compete hard, but play fair. Unsportsmanlike conduct in others never justifies retaliation with unsportsmanlike conduct on your part. In addition, always be courteous to and cooperative with fans, officials, and community members.

UNETHICAL CONDUCT

Unethical conduct may include, but is not limited to, the following:

- Furnishing false or misleading information to the NCAA or FMU officials
- Refusal to furnish information relevant to an investigation of a possible violation of an NCAA regulation when requested to do so
- Knowing involvement in arranging for fraudulent academic credit or false transcripts for a prospective or enrolled student-athlete
- Receiving illegal benefits from FMU employees or FMU boosters
- Using banned drugs
- Cheating on academic work

Francis Marion University Policies and Procedures

Student-athletes are subject to the same academic, financial, and non-academic rules and regulations as the regular student body. Student-athletes are encouraged to refer to the **2009-10 Francis Marion University Student Handbook** for specific rights, policies, and procedures.

Key rules and regulations as they relate to the routine operations of the Department of Athletics including athletic facilities.

1. Confidentiality of Student Records: All records of students and former students of the university are protected under the Family Education Rights and Privacy Act of 1974, as amended (20 U.S.C. 1232g), and Rules of Education. Basically, this means that:

Non-directory information will be shared only with the faculty and staff who have a legitimate need to know. Should you be a dependent, your parent(s) or guardian has access to the university's official records.

Directory information can be released without an athlete's prior written consent:

- Name of Student
- Major field of study
- Participation in officially recognized activities and sports
- Dates of attendance
- Degrees and awards received
- Previous educational agency or institution attended (most recent)
- Heights and weights of athletic teams
- Names of parent or guardian
- Home addresses
- Telephone numbers
- Occupation

2. Change of Address: Student-athletes are expected to notify the following of any change of home (permanent) and local mailing addresses and phone numbers within 24 hours.

- Department of Athletics Director of Compliance;
- Team coach; and
- Office of the Registrar.

Consequences resulting from misdirected or unreceived official university communications are the responsibility of the student-athlete.

3. Vehicle Registration: All passenger cars, motorcycles, and trucks operated on Francis Marion University property must be registered with Campus Police.

Peach Belt Conference Sportsmanship and Ethical Conduct Code

The Peach Belt Conference's member institutions unanimously agree that sportsmanship and ethical conduct are of paramount importance in intercollegiate athletics. It is agreed that the members of the Peach Belt Conference will in no way tolerate behavior or actions that do not exemplify sportsmanship and ethical conduct, both on and off the playing field. All student-athletes, coaches, administrators and spectators are expected to exhibit responsible conduct.

In conjunction with the NCAA, the Peach Belt Conference member institutions agree that taunting, vulgarity, fighting, cheating, profanity, obscene gestures, and any other unsportslike or unethical behavior or actions could be brought to the attention of the conference. Further, it is understood that the conference may issue disciplinary sanctions against any individual, team, or institution that is found in violation of the PBC sportsmanship and ethical conduct code.

The Peach Belt Conference office will hear any complaints, render decisions and issue any needed disciplinary action regarding violations of the code. These sanctions could include, but are not limited to, suspension of individuals from league contests, player or team ineligibility for post-season play, or institutional fines.

MEDIA AND PUBLICITY RESPONSIBILITIES

Associate Athletic Director for Media Relations and Marketing (Sports Information Director)

Positive promotion and publicity are important to a successful athletic program. As an athletic representative at FMU, there are some obligations in dealing with members of the mass media. The Sports Information Director (SID) and the Public Affairs Office (SAB 113) are available to assist you in dealing with the members of the mass media.

Although members of the media have the direct telephone numbers of the coaching staff and the student-athletes, the SID will attempt to have members of the media arrange interview requests ahead of time through that office. The SID is available to assist student-athletes with media interviews.

The SID attempts to fulfill all hometown media requests for information. If your local hometown media requests information or a photograph, please contact the SID.

Tips for Dealing with the Media for Student-Athletes

DO's:

- Be on time to an interview; return telephone calls in a timely fashion
- Make yourself presentable in dress and appearance
- Be courteous and respectful to reporters
- Be honest and truthful in your responses
- Praise your teammates, credit your coaches
- Relax and keep your cool
- Take your time and think before you speak; use short sentences
- Feel free to say, "I'd rather not go into that" or "I don't feel comfortable talking about that,"
- Sometimes a "no comment" sends up a red flag
- How you behave when you lose may be more important than your actions when you win

DON'Ts:

- Never talk badly about an opponent, teammate, coach, or school
- Don't play referee and blame judges or officials
- Don't ever say "That's a stupid question"
- Never go "off the record" with a reporter
- Don't talk too fast
- If you don't know the answer to every question, simply say "I don't know"
- Don't ever presume to know what someone else thinks; speak only for yourself
- Don't start the answer to every question with "well," "uh," or "you know"
- Don't try to make serious points through humor, as it can come across badly
- Don't say anything that could come back and haunt you; never say never

In Case of an Accident or Crisis

In the case of a serious accident or a crisis situation, refer all questions from the media to your coach or the Sports Information Director.

UNIVERSAL ATHLETIC DEPARTMENT RULES

It is assumed that the Francis Marion University students who participate in Intercollegiate Athletics will conduct themselves in a manner befitting representatives of the University and abide by practices that enhance their personal health as well as their skills in sports.

Students representing Francis Marion University in Intercollegiate Athletics shall not act in a manner contrary to regulations of the University nor the policies of the team. Because of the demanding nature of sport as well as the privilege of participation, and in an effort to make clear the conduct expected in athletics and procedures which will be followed in case of misconduct, please be alerted to the following:

1. Meet all academic responsibilities, including regular class attendance and the completion of all assignments in a timely manner. Class absences will be limited to days that are missed due to intercollegiate competition.
2. Meet regularly with faculty advisors.
3. Alcohol consumption by minors is prohibited. At no time should an athlete consume alcohol when representing the University at any team function (e.g., travel, meetings, and practice).
4. The use of tobacco products is prohibited per NCAA rules and regulations pertaining to practice and competition.
5. Drug activity (buying, selling, using) of any nature is strictly prohibited. Any violation will result in the implementation of the Athletic Department Drug Policy.
6. Student-athletes are expected to be on time to all classes and athletic department events.
7. Acts of misconduct can lead to immediate suspension from the program. Student-athletes are expected to obey the rules and regulations of FMU and the Peach Belt Conference, as well as local, state, & federal law.
8. Profanity is strongly discouraged. Each team should have guidelines regarding profanity.
9. Each student-athlete is required to travel with their teammates to and from all activities. The only exception is if prior written permission is obtained from the student's parent/guardian and submitted to the head coach before the date of the contest. This process is necessary because of legal and liability issues and is designed to protect the student-athlete and FMU.
10. Every student-athlete must attend practice even when injured unless given permission to miss by the head coach.
11. Every student-athlete must attend all prescribed therapy sessions when injured.

12. Every student-athlete is required to report to the director of athletes any incident involving law enforcement authorities where a citation or warrant is issued, within two business days. This includes any incident that occurs when school is not in session starting with the student-athletes' first term of enrollment.
13. Student-athletes have a responsibility to adhere to team rules as provided by the head coach and the athletic department. These rules are important and can affect the status of a student-athlete (i.e., suspension or dismissal from team).

Student-Athletes are subject to additional NCAA, PBC, Francis Marion University, the Athletic Department, and team policies during their tenure at Francis Marion University. Student-Athletes are responsible to acquaint themselves with the rules and regulations of each unit and when concerns or questions arise to take the initiative and get the answers.

Penalties for infringement of the above rules shall be determined by the athletic department and University policy where applicable, and may range from warning to immediate and/or permanent dismissal.

All decisions directly related to team performance (e.g., playing time, position, traveling squad, training, curfew, appearance, and conduct) are the responsibility of the head coach. Student-athletes who have not received a copy of the team rules should obtain a copy.

Social Networking Policy for Student-Athletes

(8-25-08)

Participation in social networks (e.g., Facebook, MySpace, Friendster, Xanga, Youtube) has both positive appeal and potentially negative consequences. While there are many positive uses for this technology, one must consider some of the potential negative consequences that may occur when these sites are used irresponsibly. It is important that FMU student-athletes be aware of these consequences and exercise appropriate caution if they choose to participate. As a student-athlete, you are in the public eye and your actions should reflect favorably on yourself and FMU. If FMU student-athletes choose to have profiles on social networking websites, they will be held accountable for ANY and ALL material on their profile – including content posted on their site by other individuals.

Postings on personal profiles, groups, and chat rooms are in the public domain and easily accessible by anyone, including reporters, parents, coaches, groupies, predators, employers, and graduate school admissions officials. Once information is posted, it can be retrieved by computer savvy individuals even after it has been deleted. Any text or photograph placed online is completely out of your control the moment it is placed online – even if you limit access to your site.

It is unwise to make available information such as full date of birth, social security number, address, residence hall room number, phone number (cell or land-line), class schedule, bank account information, or details about your daily routine. All can facilitate identity theft or stalking. Some of the social network websites provide numerous privacy settings for personal information contained in its pages, please use them. Do not accept friend invitations from anonymous individuals. Do not have a false sense of security about your rights to freedom of

speech. Understand that freedom of speech does have limitations and if these limitations are violated, there may be repercussions.

The following provisions will apply to profiles on these sites:

1. No offensive or inappropriate pictures (including photographs depicting team-related or college-identifiable activities in a negative manner, such as wearing/using team uniforms inappropriately; or any content posted by student-athletes that depicts hazing, sexual harassment, underage drinking, or drug use).
2. No offensive or inappropriate comments (including any content posted by student-athletes that depicts hazing, sexual harassment, or a threat to any third party).
3. Any information placed on these types of websites does not violate the ethics and intent behind the Francis Marion University Code of Student Conduct, the FMU Code of Ethics for Athletes, the Peach Belt Conference Code of Conduct, and the NCAA.
4. Student-athletes should regularly monitor their site.
5. Coaches and athletic administrators are to be granted access to sites upon request.

The athletic department reserves the right to take action against any currently enrolled student-athlete engaged in behavior that violates University, Department, or team rules, including such behavior that occurs in postings on the internet. This action may include education, counseling, team suspension, termination from the varsity team, and reduction or non-renewal of any athletic scholarship.

It is incumbent upon student-athletes to be aware of university regulations. Ignorance of these regulations does not excuse student-athletes from adhering to them.

Questions regarding acceptable content should be directed to your head coach or the Compliance Coordinator (843-661-4627).

ELIGIBILITY

AMATEURISM

To remain eligible athletically, the most important thing to remember is not to endanger your amateur status. It is essential that you check with your head coach or the Assistant Athletic Director for Compliance and Academic Support before making decisions regarding outside athletic participation.

The following are NCAA guidelines for maintaining your amateur status:

You cannot, within your sport:

1. Accept payments or a promise of payments (in cash, prizes, gifts, or travel) for participation in your sport.
2. Enter into an agreement of any kind to compete in professional athletics.
3. Enter into an agreement with an agent (either orally or in writing) to represent them in future negotiations.
4. Use your athletic skill for payment.
5. Play on any professional sports team.
6. Participate on teams other than those fielded by FMU during the declared traditional and nontraditional playing seasons (this includes exhibition or tournament games).
7. Accept such things as gifts, meals, loans of cars, or money from athletic interest groups or people within the athletic program at the University.
8. Receive any benefit that is not available to other students at the University.
9. Accept any remuneration for or permit the use of your name or picture to advertise, recommend or promote directly the sale or use of a commercial product or service of any kind, or receive remuneration for endorsing a commercial product or service through the individual's use of such product.

EXTRA BENEFITS

Student-athletes at FMU are not to receive any extra benefits from coaches, alumni, boosters, etc. These individuals are known as "athletic representatives."

The FMU Department of Athletics is responsible for the control and conduct of the intercollegiate athletic program, and this responsibility includes accountability for the acts of "athletic representatives." Once an individual has been identified as an "athletic representative," that identity is forever and is governed by the same NCAA and FMU rules and regulations as our athletic staff members.

Questions concerning benefits, gifts, and services that have been offered to a student-athlete should be reported to the head coach, the department's Assistant Director for Compliance and Academic Support, or the Director of Athletics immediately.

A benefit is not a violation if it is demonstrated that the same benefit is generally available to the general student body.

A. Complimentary Admissions and Ticket Benefits

Student-athletes can be given 4 complimentary tickets per home or away contest to the sport he or she participates in, regardless if the athlete competes in the contest. It is not permissible to receive payment, or exchange the tickets for any item of value.

B. Academic and Support Services

Permissible:

Tutoring expenses
Drug-rehabilitation program expenses
Counseling for eating disorders

Non-permissible:

Typing costs
Course supplies
Use of free copy machine

C. Other Benefits That Are Not Permissible

- Reimbursement for travel to practice or to competition
- The use of an automobile
- A loan of money
- Signing or cosigning a note with an outside agency to arrange a loan
- Special discounts such as laundry, airline ticket, etc., due to being a student-athlete
- Telephone or credit card for personal reasons without charge
- Housing benefits such as stereo equipment, room furnishings, etc. which are not available to the general student body
- Use of Athletic Department phones for personal phone calls. Emergency and team related calls may be made; yet always get permission from your coach or a staff member of the Athletic Department before using for such purposes.

GAMBLING AND BRIBERY

As a student-athlete, you may at some point be in a position to be involved in a gambling or bribery situation. It is important to realize that participation in gambling interests, even in the most minor fashion, can jeopardize your athletic career as well as have effects on the entire FMU athletic program.

It is important that you follow these guidelines:

1. Report to your coach or Director of Athletics if you are approached or aware that a teammate has been approached by someone trying to alter the outcome of a contest.
2. The NCAA requires that you report any individual who offers gifts, money, or favors in exchange for supplying information or attempting to alter the outcome of a contest.
3. There are legal implications involved with gambling. Being involved in such activities can result in expulsion from the University as well as a violation of federal, state, and local anti-bribery laws.

The following activities may render a student-athlete ineligible or result in severe disciplinary action:

1. Provide information to individuals involved in organized gambling activities concerning intercollegiate athletic competition.
2. Solicit a bet on any intercollegiate team.
3. Accept a bet on any team representing the institution.
4. Solicit or accept a bet on any intercollegiate competition for any item (e.g., cash, shirt, dinner) that has tangible value.
5. Sell complimentary tickets to anyone.
6. Participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, a parlay card, or any other method employed by organized gambling.

(Bylaw 10.3 Gambling Activities - NCAA Manual)

OUTSIDE COMPETITION

All-star games and summer league games - Due to the complexities of these rules, each student-athlete must contact either their coach or the Director for Compliance and Academic Support with any questions. NOTE: Most of these types of games are prohibited. Therefore, ineligibility could result by participating in any of these types of contests unless it has been pre-approved by the Director for Compliance and Academic Support.

Student-athletes will lose eligibility if they participate on any outside team during the academic year. Penalties can range in severity, and ineligibility may be for an entire year or entire educational career.

EQUIPMENT ISSUE

All student-athletes are responsible for all equipment (practice gear, uniforms, etc.) that is issued to them. If a student-athlete leaves the team for any reason all equipment must be returned within two business days. Uniforms are to be turned in to be cleaned immediately after each contest, home or away. At the end of each semester during the academic year, student-athletes will be notified what equipment must be returned. Student-athletes that do not return equipment will have a charge placed on their account for the replacement costs.

FINANCIAL AID FOR STUDENT ATHLETES

ATHLETIC GRANT-IN-AID

A full athletic grant-in-aid, as described by NCAA regulations, is restricted to room, board, tuition, fees, and course-related textbooks.

INSTITUTIONAL FINANCIAL AID

Institutional financial aid includes scholarships, grants, employee dependent tuition benefits, loans, certain types of employment arrangements, and government and private grants for which FMU determines the recipient and the amount of aid. Please make sure your coach and the Director for Compliance and Academic Support are aware of such aid.

FINANCIAL AID RECEIVED OUTSIDE THE UNIVERSITY

If you anticipate receiving funds from outside the University (other than parents or legal guardians), then these funds must be reported to the Director for Compliance and Academic Support and the Director of Financial Assistance.

TERM OF AWARD

FMU athletic scholarships are only for ONE academic year (per NCAA rules). The scholarship can be reduced, or not renewed, after the academic year for any reason.

RENEWAL AND NON-RENEWAL POLICY

Student-athletes are to be notified by July 1 regarding the renewal, non-renewal, or reduction of their athletic grant-in-aid. Reasons for non-renewal or reduction of a student-athlete's athletic grant-in-aid may include, but are not limited to, the following actions of the student-athlete:

- Rendering himself or herself academically ineligible for intercollegiate competition.
- Give false information on FMU application, letter of intent, or financial aid agreement.
- Engages in misconduct warranting disciplinary penalty.
- Voluntarily withdraws from the sport.
- Violation of athletic department policy, team rules and/or practice regimen.
- Failure to participate in athletic contest when called upon to do so by the coaching staff.
- Engaging in activities at athletic training, practice, contest or other sites that are harmful to the student-athlete or to others.

- Violation of standards of good sportsmanship as identified by the PBC and the NCAA.
- Destruction or defacement of institutional property.
- Conduct that violates athletic department and/or institutional rules or regulations.
- Conduct that violates PBC or NCAA rules.

Non-renewal or reduction based on items listed above must be documented by the coaching staff and/or another institutional staff member as they occur. Documentation shall include name of the student-athlete and the date and circumstances of the infraction. The head coach must provide the student-athlete with notification (verbally or written) prior to the conclusion of the award verifying that the student-athlete was made aware of the potential reduction or cancellation of athletic grant-in-aid for the subsequent academic year (or semester).

Athletic grant-in-aid can be reduced or not renewed after the term of the award due to playing ability. The head coach must provide the student-athlete with notification (verbally or written) prior to the conclusion of the award verifying that the student-athlete was made aware of the potential reduction or cancellation of athletic grant-in-aid for the subsequent academic year (or semester).

If the student-athlete believes that the reduction or non-renewal of the grant-in-aid is unjustified, he or she is entitled to a prompt hearing.

CANCELLATION OF ATHLETIC GRANT-IN-AID DURING ACADEMIC YEAR

FMU can reduce or cancel a grant-in-aid during the period of the award if the student-athlete:

- Voluntarily withdraws from the sport.
- Renders himself or herself ineligible for intercollegiate competition.
- Fraudulently misrepresenting any information on an application, letter of intent, or financial aid agreement (either by not reporting for practice or after making only token appearances as determined by the university)
- Violation of athletic department policy.
- Engages in misconduct that brings disciplinary action from the institution.

The grant-in-aid cannot be reduced or cancelled during the period of the award based on an injury, illness, or for athletic performance.

APPEAL PROCEDURE

If a student-athlete believes the decision to cancel, reduce or terminate the athletic grant-in-aid is unjustified, he or she may request a hearing:

1. To appeal a decision of the Athletic Department, the student-athlete must notify Francis Marion University in writing within 14 days from the date of the letter notifying him/her of the University's decision with regard to transfer or scholarship. The letter of petition should be addressed to the attention of the Provost, SAB 115, Francis Marion University, P.O. Box 100547, Florence, SC 29502-0547.
2. The Provost or designee will convene a Special Appeals Committee to consider the matter within 30 days from receipt of the petition. The three voting members of the committee will include:
 - one faculty member appointed by the Provost;

- one faculty member appointed by the Faculty Chair;
- the Assistant Dean of Students or his/her designee.

The Provost/designee will moderate the meeting but will not vote.

3. The student-athlete may bring a member of the University community to the meeting for the sole purpose of offering support and unobtrusive advice. A person attending in this capacity may not address the panel.
4. During the meeting, both the Athletic Director and the student will be given an opportunity to explain their positions, to answer questions from the committee members, and to make final statements. The two parties will not direct questions to each other. The Provost/designee will notify the student and the Athletic Director in writing within 7 days of the committee's decision.
5. Per NCAA rules, the decision of the committee is final.

HOUSING

Bookstore Hours

Mon. - Fri. 8:00 AM - 4:30 PM

Computer Center Lab

Mon. – Fri. 8:00 AM - 9:00 PM

Saturday 8:00 AM - 5:00 PM

Sunday 3:00 PM - 9:00 PM

Counseling and Testing

Monday – Friday 8:30 AM to 5:00 PM

Dining Services

Mon. - Fri.

Breakfast 7:00 AM - 9:00 AM 9:00 AM – 10:00 AM Continental

Lunch 11:00 AM - 2:00 PM

Dinner 5:00 PM- 7:00 PM

Sat. & Sun.

Brunch 11:30 AM - 1:00 PM

Dinner 5:00 PM - 6:30 PM (7:00 PM Sunday)

“The Grille”

Mon. - Fri. 9:30 AM - 11:00 PM

Saturday 5:00 PM - 9:00 PM

Sunday 5:00 PM – 11:00 PM

Weekend service is available on holidays or fall/spring break weekends

Health Services

Monday – Friday 8:00 AM – 4:30 PM

Library Services

Monday - Thursday 8:00 AM - 11:00 PM

Friday 8:00 AM - 5:00 PM

Saturday 9:00 AM - 5:00 PM

Sunday 2:30 PM - 11:00 PM

Tutoring Center (Housing Office)

Mon. - Thur. 3:00 PM - 9:00 PM

Hours Subject to Change Depending on Availability

Writing Center (Founders Hall)

Mon. - Thur. 9:00 AM - 5:00 PM

Friday 9:00 AM - 1:30 PM

HOUSING

UNIVERSITY RESIDENCE HALLS & APARTMENTS

All student-athletes are to abide by the rules and regulations in the FMU Student Handbook. The student-athlete is responsible for his or her housing deposit (an athletic scholarship does not cover this). Renewing the contract for the next year is the responsibility of the student-athlete.

NCAA REGULATIONS

PLAYING AND PRACTICE LIMITS

The NCAA limits the amount of time a student-athlete can be involved in “athletically related activities.”

GENERAL GUIDELINES (IN-SEASON):

1. You are allowed to participate in “countable athletically related activities” for 4 hours/day and 20 hours/week. The following are countable activities.
 - A. On-court (field, floor, etc.) activity
 - B. Setting up offensive or defensive alignment
 - C. Chalk talk
 - D. Lecture or discussion of strategy
 - E. Activities using equipment related to the sport
 - F. Review or discussions of game films
 - G. Activities conducted under the guise of PE class work (any class composed primarily of members of an intercollegiate team on a required attendance basis)
 - H. Competition
 - I. Required weight training and conditioning activities
 - J. Participation in individual skill-related activities with a coach
 - K. Required participation in camps, clinics, or workshops
 - L. Individual workouts required by the coach
 - M. Visiting the competition site in cross country
 - N. Meeting required by the coach
2. You must have one day off per week with no related activities (travel can be a day off).
3. Competition counts as 3 hours regardless of the actual duration of competition.
4. Daily and weekly hour limitations do not apply during an institution’s official vacation period or semester break

The following are not countable activities:

1. Physical rehab or taping
2. Study hall or tutoring sessions
3. Meetings with coaches on non-athletic matters
4. Team travel
5. Fund-raising activities
6. Participation in regular PE classes
7. Voluntary individual workouts provided they are not supervised by a coach
8. Individual meeting with a coach initiated by you

GENERAL GUIDELINES (OFF-SEASON):

1. Maximum 8 hours/week for weight training and conditioning
2. Only 2 of these hours can be used for on-court (floor, field, etc.) activities, with no more than four student-athletes participating at any one time.
3. There are a required two days off per week.

TOBACCO

The use of tobacco products, including smokeless tobacco, is **PROHIBITED** by all game personnel in all sports during practice and competition.

Penalties: A player is to be removed from practice, A player is ejected from a contest

STUDENT-ATHLETE FORUMS

STUDENT-ATHLETE ADVISORY COMMITTEE

The Student-Athlete Advisory Committee (SAAC) is a forum for the student-athletes to have input on various issues involving athletic policies and practices, NCAA proposed legislation, concerns of their teammates, and issues raised during the year by the Director of Athletics. Each member institution has a link to the NCAA Student-Athlete Advisory Committee through the Peach Belt Conference SAAC. The Peach Belt Conference draws a representative from each of its member schools. Within FMU, two student-athletes are selected from each of the 12 sports to represent their teammates at scheduled meetings throughout each school year. This enables the student-athletes of FMU to have an active voice within the NCAA, PBC, and FMU legislative and administrative processes.

EXIT INTERVIEW

All student-athletes completing their eligibility are given exit interviews at the conclusion of that academic year. The purpose of these interviews is to determine how student-athletes feel about their experience at FMU, the strengths and weaknesses of the program, and to assess areas of concern that need to be addressed in the future.

SPORTS MEDICINE POLICY AND PROCEDURES

TRAINING ROOM

The training room is available to all student-athletes to assist them with the treatment and rehabilitation of athletically related injuries.

Hours of operation vary according to the sports in season and the time of year. All training room rules and procedures are formulated to serve athletes in the best possible manner while allowing them to receive the best care available.

Specific procedures and times regarding training room usage will be posted in the training room. Training room usage is a privilege that can be revoked if all procedures are not followed. For that reason, we encourage you to ask questions so that you are clear on the important role that the sports medicine staff has in your athletic career at the University.

Specific treatment times will be posted. If a student-athlete cannot make those times, then he/she needs to make arrangements with the head trainer.

TRAINING ROOM RULES

- The training room is co-educational, and all student-athletes should dress appropriately.
- Food, drinks, and the use of tobacco products are not allowed.
- All sports equipment, bags, cleaned shoes, etc. should be left outside the training room.
- Absolutely NO self-treatment.
- The training room is a medical facility. If a student-athlete is not receiving treatment, they will be asked to leave.
- Student-athletes must shower before receiving treatment, unless there is an emergency.
- No athlete is to operate training room equipment unless specifically instructed to do so by a member of the training staff

PHYSICAL EXAMINATIONS

All student-athletes must have a physical exam before participating in practices or an athletic contest. Any student-athlete missing his/her team's scheduled physical exam will not be permitted to participate in, or receive equipment for, intercollegiate athletics.

PARTICIPATION WITHOUT AUTHORIZATION

Any student-athlete who participates in supervised workouts, practices, and/or a contest without a physical exam will be responsible for any injuries or medical liabilities that occur. **Any injuries that result will be the legal and financial responsibility of the coach and the individual student-athlete.**

TREATMENT OF INJURY AND ILLNESS

All treatment and rehabilitation activities are the responsibility of the staff and student trainers under the supervision of the head trainer and team physician. In order for a student-athlete to return from an injury as soon as possible, it is necessary that they cooperate fully and completely with their prescribed rehabilitation program. It is the responsibility of the student-

athlete to meet all their treatment and rehabilitation regiments. The sports medicine staff will provide regular information to the coaching staff regarding the progress of individual student-athletes.

Coaches and trainers view missed appointments, tardiness, or noncompliance with treatment regiments in an unfavorable manner. You must report all injuries or illnesses that might interfere with your ability to practice or participate in your sport. The sports medicine staff can assist you best if you keep them informed of problems when they occur.

REFERRALS

After an evaluation, a certified athletic trainer may refer the student-athlete to the team physician for treatment or for further referral to an appropriate specialist as needed.

The FMU medical team member must clear the student-athlete before he/she will be allowed to return to participation. If a student-athlete is seen by a physician, without a FMU Athletic Training Room referral, for an injury or illness from athletic participation, FMU will not be responsible for any incurred bills. All referrals must be made by a FMU medical team member.

EMERGENCY ROOM/URGENT CARE

If the student-athlete goes to the above facility, it is the responsibility of the student-athlete to report to the sports medicine staff as soon as possible.

PRE-EXISTING CONDITION/INJURY

FMU will not be responsible for any pre-existing condition or injury.

The FMU Sports Medicine Department is committed to providing each student-athlete with the best health care available. Please respect each member of the team.

INJURY/MEDICAL CONDITION PROCEDURES

The student-athlete's health and well being is of utmost importance. In order to maintain quality coverage and assure appropriate care is rendered initially and continuing if necessary, the following procedures are instituted. The word "injury" applies to only those ailments that are caused by the participation in a supervised practice or game. Ailments such as bronchitis, tonsillitis or influenza are some examples of medical problems for which the Department of Athletics cannot be responsible for per NCAA regulations.

1. All injuries must be reported to the sports medicine staff immediately. Only those injuries reported to the sports medicine staff, and come as a result of the above-mentioned circumstances, will be covered by insurance.
2. The sports medicine staff is the primary and the initial contact for student-athletes to report all athletic injuries and illnesses.
3. All non-sports related injuries or medical conditions are encouraged to be reported to the sports medicine staff.
4. The sports medicine staff will make all referrals for medical care by an outside medical agency or physician.

5. In the event of an emergency or medical problem, outside training room hours, contact the sports medicine staff for the necessary advice or assistance, regardless of the time of day. If unable to contact the athletic training staff, go directly to Campus Police for assistance.
6. **Failure to report an injury or seeking medical care without being referred by the sports medicine staff relieves FMU of all liability for any charges that are incurred as a result of such action. Any FMU student-athlete, who seeks any new/additional medical assessment/treatment which is deemed unnecessary/unwarranted by the FMU sports medicine team, may be subject to assuming full/all responsibilities for the said assessment/treatment.**
7. An injury report must be filled out with the Senior Administrative Assistant of the Department of Athletics before a visit to an outside medical agency or physician.
8. Information regarding a student-athlete's insurance coverage must be taken to the medical agency or physician on the first visit. The physician will submit a claim on the student-athlete's personal policy first. The balance remaining following payment from the personal insurance policy will be paid by the university insurance policy.

All relevant information received by the student-athlete in the mail regarding medical bills must be submitted to the Department of Athletics immediately. FMU will not be responsible for reports to credit organizations of unpaid bills where the student-athlete has not submitted a copy of those bills to the Department of Athletics.

INSURANCE

All FMU student-athletes **are required** to have a primary insurance policy that covers athletic injuries for a minimum of \$50,000 per occurrence and is valid in the United States of America. Student-athletes without such a policy will not be allowed to participate in training, practice, or games. If such a policy is dropped during the school year and the Senior Administrative Assistant in the athletic department is not informed, the student-athlete, and/or their parents, may be responsible for the entire cost of any treatment received. All student-athletes must have on file a copy of their primary insurance in order to participate in intercollegiate athletics.

Francis Marion University Intercollegiate Athletic Insurance is a secondary policy. Francis Marion University will provide secondary accident policy insurance for **most, but not all**, medical charges that result because of injury during intercollegiate practices or games that are not covered by your policy.

When injured you must see the Senior Administrative Assistant within the Department of Athletics and fill out an injury report form. Failure to submit the injury report form within a timely manner could mean rejection of your claim. The accident claim must then be submitted against the primary insurance of the student-athlete first and then to Francis Marion University's insurance policy. Our insurance will not cover the cost difference between a private and a semi-private room. Also, physical therapy may be limited to a certain number of treatments depending on the injury. Bills submitted to Francis Marion University Insurance more than 52 weeks after the date of injury, will not be considered for payment, and will become the responsibility of the athlete and/or parent.

NCAA Banned-Drug Classes available upon request or at www.ncaa.org

NCAA SUBSTANCE ABUSE POLICY

- A. Every sport FMU sponsors is subject to out-of-competition (year-round) drug testing.
- B. Student-athletes are subject to testing before, during, or after their competitive season.
- C. Student-athletes are required to keep up to date addresses and phone numbers on file with the compliance office stating where they can be reached during the academic year and summer.
- D. A student-athlete who tests positive for a banned substance, as set forth in Bylaw 31.2.3, shall be declared ineligible for further participation in championship season and non-championship season competition in accordance with the ineligibility provision, in Bylaw 18.4.1.5.1.

FMU SUBSTANCE ABUSE POLICY

STATEMENT OF PHILOSOPHY

Francis Marion University supports the NCAA statement of substance abuse. We are dedicated to promoting and preserving the integrity of athletics for the benefit and welfare of our student-athletes. The abuse of alcohol or illicit drugs by student-athletes will adversely affect their performance, athletic achievements, and personal well-being. Student-athletes who abuse alcohol and/or controlled substances put themselves, their teammates, and the university at risk. For these reasons, we are committed to develop, initiate, and maintain requirements/policies/procedures which have a proactive approach in regards to the choices our student-athletes make in these matters.

Francis Marion University does not tolerate under-age drinking or the inappropriate use of alcohol, substance abuse, or use of any substance banned by the NCAA. Participation in intercollegiate athletics at Francis Marion University is a privilege; those who participate are expected to uphold the highest standards of the University.

FMU is committed to enhancing the life of every student-athlete who attends Francis Marion University, and because of this, we believe that a strong alcohol and substance abuse prevention program and drug-screening program are essential for the protection of student-athletes from the harmful effects of alcohol and drug abuse.

PURPOSE AND GOALS

1. To educate FMU student-athletes on the effects of alcohol abuse and or illicit drug use on their physical, psychological, and social well-being.
2. To identify the substance abuser and to provide a mechanism of counseling and rehabilitation.
3. To improve class attendance and academic performance.
4. To act as a deterrent to prevent drug usage.
5. To develop a proactive means to prevent inappropriate use of alcohol or drugs.

PARTICIPANTS

1. All student-athletes at Francis Marion University, both scholarship and non-scholarship, including student-athletes who are ineligible to play or who have red-shirt status.
2. All student-support staff, including but not limited to, student managers, student trainers, student coaches and practice players.

DURATION STUDENT/ATHLETES ARE SUBJECT TO SUBSTANCE ABUSE POLICY

Every student-athlete is subject to the department of athletics substance abuse policy from the first day of classes following their initial enrollment at FMU to their final day of enrollment. This includes summer months in between academic years. Every student-athlete is required to report to the director of athletics any violation or incident involving law enforcement authorities where a citation or warrant is issued within two business days.

HOW INDIVIDUALS ARE SELECTED FOR TESTING

Methods of Selection

1. Random selection
2. Referral
3. Positive from previous test
4. Observation of the use of alcohol or controlled substances
5. Arrest or conviction for a criminal offense related to alcohol or drug use
6. Observed abnormal appearance, conduct, or behavior, including absence from class and training or competition reasonably interpreted as being caused by the use of alcohol or illegal drugs

Testing Procedures

1. Sample sent for analysis
2. Testing results returned to the head athletic trainer, who will notify the Director of Athletics of all results; the Director of Athletics will notify the appropriate head coach

Note: These policy sanctions do not super cede any action taken under Francis Marion University's Code of Student Conduct.

VIOLATIONS/SANCTIONS - ALCOHOL

Alcohol is the most frequently abused drug in our society, and the Francis Marion University Athletic Department will not tolerate the abuse or illegal use of alcohol.

Level One Violation

1. Underage drinking without hospitalization.
2. Underage Possession.
3. Disruptive Behavior due to Alcohol without hospitalization.
4. Possession of alcohol where prohibited by FMU, state, or federal statutes.

Level One Sanctions

Head Coach in consultation with Director of Athletics will decide sanctions. Student-athlete will be under a three month probation period. Another level one, two, or three violation during that time and additional sanctions will be imposed by the Director of Athletics. Additional level one violation during a student-athletes' career will result in increased sanctions as instituted by the Director of Athletics. By federal law, all offenses must be reported to the appropriate campus official in order to be submitted for the Cleary Act Report.

Level Two Violations:

1. Intoxication
2. Drunk and Disorderly Conduct
3. Failure to comply while under the influence

Level Two Sanctions:

1. Suspension for 10 days from all athletic events and will be on probationary status for 60 days. In addition, 25 hours of community restitution will be administered by the Director of Athletics.

2. Parents and/or guardians will be notified of the incident.
3. The student-athlete will automatically be placed in a counseling program, the duration and intensity of which is determined by problem severity as measured by professional counselors. Any costs associated with this will be the responsibility of the student-athlete.
4. By federal law, all offenses must be reported to the appropriate campus official in order to be submitted for the Cleary Act Report.
5. Additional level one or two violations during a student-athletes' career could result in increased sanctions as instituted by the Director of Athletics.

Level Three Violations:

1. Serving or supplying underage persons alcohol.
2. Driving under the influence (DUI, DWI)
3. Intoxication with hospitalization.

Level Three Sanctions:

1. Suspension for 50 percent of contests during the championship season of competition.
2. Parents and/or guardians will be notified of the incident.
3. The student-athlete will automatically be placed in a counseling program, the duration and intensity of which is determined by problem severity as measured by professional counselors. Any costs associated with this will be the responsibility of the student-athlete.
4. By federal law, all offenses must be reported to the appropriate campus official in order to be submitted for the Cleary Act Report.
5. Additional level one, two or three violations during a student-athletes' career could result in increased sanctions as instituted by the Director of Athletics.

Level Four Violations:

1. Serving or supplying prospective student-athletes alcohol.
2. Any serious criminal activity while under the influence of alcohol; which would include but is not limited to sexual assault, threats, physical abuse, etc.

Level Four Sanctions:

1. Permanent suspension from FMU intercollegiate athletic program.
2. Parents and/or guardians will be notified of the incident.
3. By federal law, all offenses must be reported to the appropriate campus official in order to be submitted for the Cleary Act Report.

Alcohol Abuse

As an athletic participant, you may receive special attention from other students. Along with this "high visibility" come some responsibilities. As a "role model," you are expected to present a wholesome public image.

CANCELATION OF ATHLETIC GRANT-IN-AID

Any violation of any of the above four levels that brings disciplinary sanction by the institution's normal governing body can result in immediate cancellation of the athletic grant-in-aid. In addition, any violation of the above levels can result in non-renewal of the athletic grant-in-aid for the next academic year. The above sanctions have to do with participation not cancellation or renewal of athletic grant-in-aid. Refer to Financial Aid for Student Athletes section in this handbook.

SANCTIONS FOR ILLEGAL USE OF DRUGS

The Athletic Department will consider the following instances as a positive test:

1. Confirmed positive test result.
 2. Violating FMU's illicit drug code of conduct.
 3. Arrest or conviction of illegal drugs.
- .
- Confirmed positive tests accumulate throughout the student-athlete's career at FMU.
- .
- Refusal to be tested will result in immediate termination of a student's intercollegiate career at FMU.

First Offense

1. Suspension for 25 percent of all games or matches during the championship season of competition.
2. Parents and/or guardians will be notified of the incident.
3. The student-athlete will automatically be placed in a counseling program, the duration and intensity of which is determined by problem severity as measured by professional counselors. Any costs associated with this are the responsibility of the student-athlete.
4. May be retested anytime during athletic career at expense of the student-athlete.
5. By federal law, all offenses must be reported to the appropriate campus official in order to be submitted for the Cleary Act Report.

Second Offense

1. Suspension for a full calendar year.
2. Loss of financial aid for two full semesters (does not include summer school).
Renewal of financial aid will not be automatically granted. The Director of Athletics, in consultation with the head coach, will make that determination.
3. Parents and/or guardians will be notified of the incident.
4. The student-athlete will automatically be placed in a counseling program, the duration and intensity of which is determined by problem severity as measured by professional counselors. Any costs associated with this will be the responsibility of the student-athlete.
5. May be retested at anytime during athletic career at expense of the student-athlete.
6. By federal law, all offenses must be reported to the appropriate campus official in order to be submitted for the Cleary Act Report.

Third Offense

1. Permanent suspension from the FMU intercollegiate athletic program.
2. Parents and/or guardians will be notified of the incident.
3. Financial aid is terminated and student-athlete is responsible for all financial obligations.
4. By federal law, all offenses must be reported to the appropriate campus official in order to be submitted for the Cleary Act Report.

CANCELATION OF ATHLETIC GRANT-IN-AID

Any sanction for illegal drug use that brings disciplinary sanction by the institutions' normal governing body can result in immediate cancellation of the athletic grant-in-aid. In addition, any violation of the athletic drug policy can result in non-renewal of the athletic grant-in-aid for the next academic year. The above sanctions have to do with participation not cancellation or renewal of athletic grant-in-aid. Refer to Financial Aid for Student Athletes section in this handbook.

FALSIFICATION OF TEST RESULTS

Any attempt to falsify test results, or helping to do so, by providing false information, altering a urine sample, manipulating test results, or any other conscientious effort to circumvent the process will result in permanent suspension from participation in the athletic program and the termination of any financial aid.

All sanctions for alcohol and/or illicit drug violations will take effect immediately after the student-athlete is notified.

SELF-REPORTING

Any student-athlete who self reports is defined as the student-athlete who voluntarily comes to the Director of Athletics, head coach, or head athletic trainer stating that he/she may have a drug or alcohol problem and wants professional help. However, if a student-athlete is notified for a drug screening or is charged with a drug or alcohol related crime, they cannot self-report themselves. A student-athlete who is self-reporting a possible existing condition will face the following disciplinary actions:

1. Parents and/or guardians will be notified of the incident.
2. The student-athlete will automatically be placed in a counseling program, the duration and intensity of which is determined by problem severity as measured by professional counselors. Any costs associated with this will be the responsibility of the student-athlete.
3. If a self-reporting student-athlete tests positive or is arrested or convicted of an alcohol-related crime after his/her initial self-report, the student-athlete will suffer the disciplinary actions previously set forth.

If, after being notified by his/her coach, a student-athlete fails to report for the drug test, it will be considered a positive test.

FOLLOW-UP OF TESTING

Screening results will be reported as soon as possible. A representative of the athletic department will notify student-athletes with negative results. Student-athletes with a positive result will be contacted and requested to meet immediately with the head coach.

If requested by the student-athlete, the following will hold a review of the positive result: chairman of the Athletic Advisory Committee, Director of Athletics, and the head trainer.

TRANSFER REGULATIONS

- A. A student-athlete cannot speak with another institution without first being granted permission from FMU.
- B. A student-athlete must speak with his/her head coach before a release will be considered.
- C. In general, a student-athlete must be eligible and under no disciplinary suspension at FMU in order to be immediately eligible at another institution, provided the student-athlete has not transferred previously from a four-year institution.
- D. The one-time transfer exception **WILL NOT** be granted for other Peach Belt Conference institutions.
- E. A transfer release **MAY NOT** be granted when the request from the student-athlete takes place at a date when recruiting for that sport is near completion.
- F. A student-athlete who has signed a National Letter of Intent must complete one year at FMU before he or she would be eligible at another NLI participating institution. National Letter of Intent guidelines state the student-athlete signs with the institution, not with the coach.
- G. A student-athlete **WILL NOT** be granted the one-time transfer exception to follow a coach that leaves FMU. National Letter of Intent guidelines state the student-athlete signs with the institution, not with the coach.
- H. A student-athlete **WILL NOT** be granted a release to an institution where a member of that institutions, coaching staff coached the student-athlete while he/she was a member of a club/summer league team.
- I. A student-athlete that is granted a release **WILL NOT** have his/her grant-in-aid renewed for the following academic year.
- J. Policy involving appeals on transfer.
 - 1. To appeal a decision of the Athletic Department, the student-athlete must notify Francis Marion University in writing within 14 days from the date of the letter notifying him/her of the University's decision with regard to transfer or scholarship. The letter of petition should be addressed to the attention of the Provost, SAB 115, Francis Marion University, P.O. Box 100547, Florence, SC 29502-0547.
 - 2. The Provost or designee will convene a Special Appeals Committee to consider the matter within 30 days from receipt of the petition. The three voting members of the committee will include:
 - a. one faculty member appointed by the Provost;
 - b. one faculty member appointed by the Faculty Chair;
 - c. the Assistant Dean of Students or his/her designee.
 - 3. The Provost/designee will moderate the meeting but will not vote.

4. The student-athlete may bring a member of the University community to the meeting for the sole purpose of offering support and unobtrusive advice. A person attending in this capacity may not address the panel.
5. During the meeting, both the Athletic Director and the student will be given an opportunity to explain their positions, to answer questions from the committee members, and to make final statements. The two parties will not direct questions to each other. The Provost/designee will notify the student and the Athletic Director in writing within 7 days of the committee's decision.
6. Per NCAA rules, the decision of the committee is final.

CONSENT TO PERFORM URINALYSIS FOR DRUG TESTING AT FMU

I hereby consent to have a sample of my urine collected and tested for the presence of drugs in accordance with the Francis Marion University Department of Athletics Policy on Substance Abuse. This consent is for both random and probable cause testing should my behavior or performance merit such.

I understand that this testing will occur at such time, or times, as deemed appropriate by my head coach or the Director of Athletics.

I understand that any urine samples will be sent only to a licensed medical laboratory for actual testing and that samples will be coded to provide confidentiality.

I hereby authorize the release of results of such urine testing to the Director of Athletics and my head coach. I understand that these results will also be made available to me.

I understand that failure to sign this consent form and/or refusing to be tested will bar me from participation in intercollegiate athletics at Francis Marion University.

I hereby understand that failure to sign this consent form will result in the loss of my athletic scholarship at Francis Marion University.

I hereby authorize the release of the results of such testing to my parents and/or guardians should the Director of Athletics or my head coach wish to inform them.

I hereby release Francis Marion University, its trustees, officers, employees, and agents from legal responsibility for the release of such information and record as authorized by this form.

Sport (Print): _____

Student-Athlete Name (Print): _____

Student-Athlete Signature: _____

Date: _____

I understand my parents and/or guardians will not be informed if I am classified as an independent and can prove my independence by attaching to this consent form my federal tax return plus the federal tax return of my parents and/or guardians.

**FRANCIS MARION UNIVERSITY
ATHLETIC DEPARTMENT**

Student-Athlete Handbook Acknowledgement

By signing below, you acknowledge having received a copy of the 2009-2010 FMU Student-Athlete Handbook. Further, you understand that you are responsible for its contents, including all institutional, Peach Belt Conference, and NCAA regulations. Failure to abide by the regulations outlined in the handbook may result in the loss of your athletic grant-in-aid or dismissal from the team.

Should you have any questions regarding the contents of this student-athlete handbook, or any area which you feel is not covered adequately, please contact your coach or a member of the athletic staff immediately.

Print Sport

Print Name

Signature of Student-Athlete

Date

Peach Belt Conference Sportsmanship and Ethical Conduct Code

This document is a statement of concern by the members of the Peach Belt Conference. By signing this form, the person listed below acknowledges that they have read and understand the code and the PBC's stand on the issues of sportsmanship and ethical conduct. Member institutions have agreed to include this document with the student-athlete's eligibility forms. Finally, no student-athlete or coach will be eligible for competition in the Peach Belt Conference without the completion of this form.

Name of Student-Athlete or Coach

Date

Signature

Sport

Institution